



Week 3, Term 4, 03 November 2021

Kia ora, talofa lava, mālō e lelei, 问候, namaste, 인사, 拜啓, mabuhay, bem vindo, fakalofa lahi atu, kia orana, kohomada, bula vinaka, nǐ hǎo, huān yin, foon ying, marhaba, oso oseyo, olà, bonjour, ia orana, welcome!

Namaste,

Week 3 and we are still left wondering the fate of primary schools as we approach the end of the year. Please be assured that we will be following all directives from the Ministry of Health and the Ministry of Education - the directives are just a little slow in coming and very dependent on the calls that the government makes. I will keep you updated as soon as I get confirmation of what steps we need to take. Please check your emails carefully over the next ten days for any news.

Vaccine Mandate

Please be assured that all Royal Oak Primary staff (and agencies or contractors working or volunteering in our school) will be double vaccinated and/or return a negative Covid-19 test before attending work, and that we are committed to maintaining a safe and healthy workplace for our community.

New Enrolments/Leavers

We have a number of Year 6 children leaving at the end of this year. As we look ahead to the new year, we need to know who is leaving (other than Year 6 children) and who is coming in next year. If you have younger children, please pre-enrol them and let your in-zone friends and neighbours know that we need them to do the same. We are now looking at staffing for 2022 and need a reasonably clear picture of student numbers. Please email Louise (louisew@rops.school.nz) if you know you are leaving (other than Year 6) or have a pre-enrolment.

Why We Teach

Please take time to enjoy these two poems composed and shared by tamariki from the Kauri Room.

Brave Lion

Brave lion pouncing boldly on padded feet,
Sprinting into the dark night sky filled with bright stars,
Roaring rips through the silent air, he lets his pride know he is near,
Lingering lion listening.
By Aaliyah Tihi

Wolf

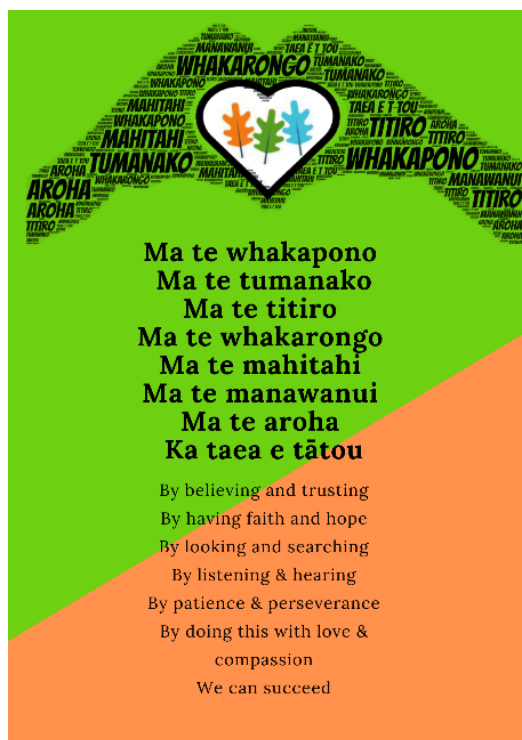
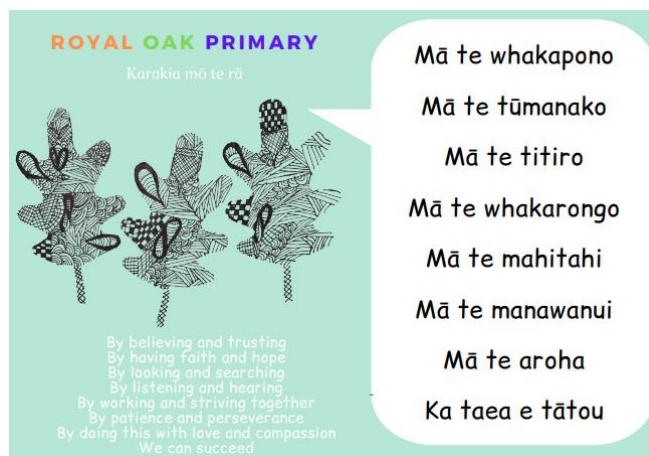
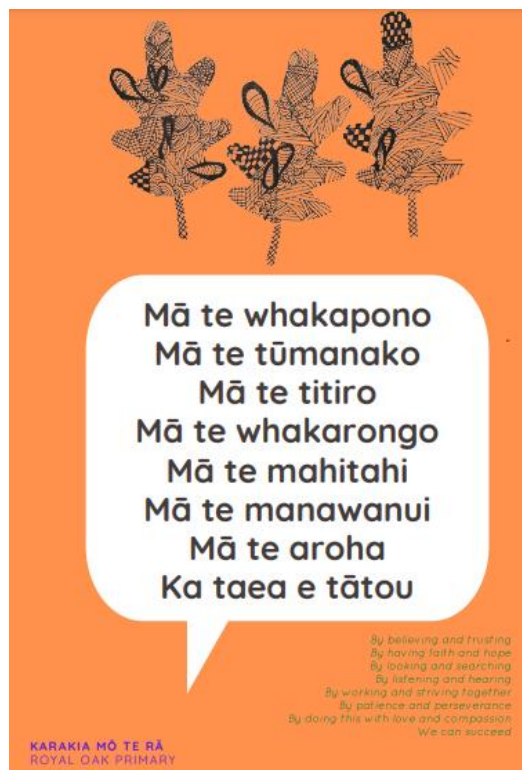
Smooth snow lathered legs wait patiently to pounce on the unsuspecting prey,
Exceedingly sharp teeth rest in the soft pink gums of the loudly howling mouth,
Soft fluffy fur dances in the cold winter breeze,
A loud bay comes for the leader of the pack signalling that the time has come.
By Sahil Sathe

Karakia

The Oaks students were asked to design new classroom posters for the karakia mō te rā that we use at ROPS. Special mention goes to Emma Jamieson, Aria Clarke, and Sophie Berry for their excellent entries. 😊

Congratulations to Jonte Senn and Kahukura Rangi who have jointly won the competition.
We look forward to producing their designs and seeing them around the school.

Jonte's entries:



Kahukura's entry

Distance Learning

The Kaiako continue to provide distance learning programmes for their classes, including daily zooms for the tamariki.

As well as that, our ROPS Learning at Home Website can be found here:

<https://sites.google.com/view/ropslearningathome/home>

You can also access Learning from Home Resources from The Ministry of

Education: <https://learningfromhome.govt.nz/learning-resources/supporting-learning-from-home-resources>

If you require a hard pack, please contact Vicky Stewart (Acorns) vickys@rops.school.nz or Felicity Boyd (Oaks) felicityb@rops.school.nz. You will be able to arrange a time to pick them up (contactless) from the Chandler Ave gate. If you have ordered a hard pack, please do ensure that you come to the gate to uplift the pack. We have a number of packs that have not yet been picked up.

A Note from the Parent Group

Hi to our ROPS families 😊

We hope you are doing well during what have been some really challenging months.

We were optimistic at the end of last term that we would be able to run some smaller events in Term 4, in particular the school disco, however with the current climate we now know this is not possible.

The Year 6 leaving T Shirts will still go ahead however and are currently available to order on Kindo. Please place your orders by 5pm Monday 8th November. In the event we are not back at school this term we will organise a picnic for the Year 6's at Cornwall Park when we are able, so they can celebrate their primary school graduation and get their t shirts signed.

Given the current situation and the lack of ability to plan too far in advance, the Parent Group meeting scheduled for Wednesday 3rd November will not go ahead. If you wish to raise anything with the Parent Group, please contact us on parentgroup@rops.school.nz

Stay safe and fingers crossed we get to see everyone at the school gates before the end of the term.

Second Hand Uniform Sales

Second hand uniform sales are on hold until the lockdown level is lowered.

Our 6 Ways of Wellbeing at ROPS:



Please see a book below that you may find useful to share with your tamariki.

<https://phoebemorriscreative.com/superfelix>



Super Felix – Phoebe Morris

A digital picture book about Covid-19 for kids aged 4-8, FREE/koha download, created by award-winning illustrator Phoebe Morris.
phoebemorriscreative.com

You may also find the Sparklers Parenting page helpful. 😊

<https://sparklers.org.nz/parenting/>

Sparklers at Home

Sparklers is normally a classroom, wellbeing toolkit, and Sparklers at Home supports this. It holds many of the same fun wellbeing activities, but for the living room or lawn.
sparklers.org.nz

Competition Opportunity

Competition Brief:

Eat My Lunch and Ironclad Pans are working together to search for an all-time cooking legend by entering our cooking competition!

The recipe and instructions are attached, and everyone who enters the competition receives a badge especially made for Kiwi kids!

Who can join?

- Students enrolled in schools which are part of the Eat My Lunch Give programme. (That's us!)
- Families are welcome to join their kids too!

What are the prizes?

Winner will receive a prize worth \$240.

Plus, there's are spot prizes for:

- Best pancake art
- Funky face pancake
- Coolest pancake flip
- Best MasterChef and Pancake pose
- Best kitchen pancake mess reaction

How to enter:

Post your entry on Facebook or Instagram and tag: @eatmylunch.nz and @ironcladpan with the student's name and school name.

- OR: email us your entry at kiaora@eatmylunch.nz with subject "Cooking Legend" with the student's name and school name.
- If a school's staff member can please keep a record on how many student entries you have, we can send the competition entry badge to the school directly.

Closing date: 20th November 2021

Winner will be announced on the following week.



CALLING ALL JUNIOR COOKS!

Ironclad Pan Company have teamed up with Eat My Lunch for an epic pancake competition.

Simply make the pancake recipe on this card, take a photo and post it on social media. Easy as. Don't forget to tag your entry with @ironcladpan and @eatmylunchnz otherwise we won't be able to find it!

Because we LOVE seeing young Kiwis in the kitchen, every entry goes in the draw to win a prize pack valued at \$240. Plus, everyone who enters receives a FREE Ironclad badge made especially for Kiwi kids.

Entries close 20th November and the winner will be announced 27th November on Facebook and Instagram.

FOR THE ADULTS: The generous folk at Ironclad Pans are gifting \$20 from every pan sold, to help feed hungry Kiwi kids through the Eat My Lunch Buy One Give One programme.

Go to www.ironcladpan.com and www.eatmylunch.nz for more details.



BUY ONE. GIVE ONE.™



IRONCLAD EXTRA FLUFFY MONSTER-GREEN PANCAKES

INGREDIENTS

¾ c of fresh spinach leaves no stalks chopped roughly
+ 2 extra medium kale leaves if you want the pancakes extra green!
OR ½ c frozen spinach defrosted and squeezed dry
3 T melted butter
1 ¼ c milk
¼ c honey
2 eggs
2 c white flour, GF or plain
3 t baking powder
Pinch salt
Extra butter for cooking
½ tsp baking powder

METHOD

On a medium heat melt butter in your Lil' Legacy pan and toss in the fresh spinach and kale. Cook on low until wilted - about 30 seconds to a minute.
Transfer hot buttery spinach and kale or defrosted spinach into a nutribullet or blender.
Add milk and honey, blitz until there are no little green bits left. Then add eggs and whizz for 5 seconds.
Sift dry ingredients together, make a well in the middle and pour in the spinach mix. Whisk until all the flour is incorporated, but don't over mix.
Heat your pan over a low heat until hot enough so the butter sizzles when it hits the pan.
Pour ⅓ c of the pancake mix into the middle of the pan. Don't move the pan, let the mix ooze by itself. When bubbles have appeared all over the surface flip and cook for another minute.
Serve with maple syrup and fruit OR lemon and sugar OR yoghurt and berries and enjoy!

**THE ONLY CAST IRON COOKWARE MADE IN AOTEAROA, NZ
VISIT IRONCLADPAN.COM FOR MORE DELICIOUS RECIPE IDEAS**

Board of Trustees

The next meeting will be held at **6.00pm on Monday 08 November**. Our curriculum focus for this meeting will be Te Reo.

Please do take care.

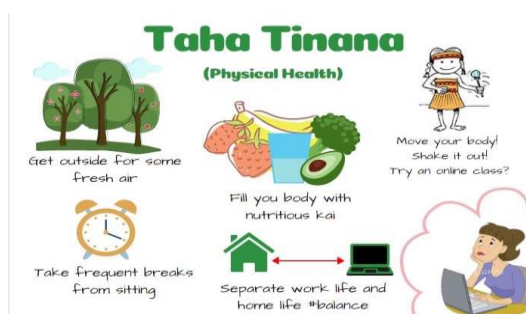
Keep safe and well.

Kia kaha
Ngā mihi nui

Megan Clotworthy

Megan Clotworthy
meganc@rops.school.nz

Te Whare Tapa Whā (Mason Durie) to Support Your Wellbeing



Taha Whānau – Providing us with aroha, strength, belonging, sharing and caring



Lockdown Tips for whānau and communities

Please find below a short video hosted by Dr Hinemoa Elder and Nathan Wallis with lockdown tips for whānau and communities.

- <https://parents.education.govt.nz/essential-information/covid-19-information-for-parents-and-whanau/lockdown-tips-with-dr-hinemoa-elder-and-nathan-wallis/>

If your whānau are struggling right now there's lots of support in this community, so don't be shy to reach out. Onehunga foodbanks serving whānau in this area run on Wednesdays but can respond if there's a need on other days. If you've exhausted WINZ support, contact either

- New Hope Foodbank, Onehunga on 021770050 or email foodbank@newhope.org.nz
- Beat St Foodbank, Oranga, call 0800 767767

Also, food parcels are given out at St Peter's on the mall, Onehunga Embracing Families, Saturdays 10 to 12pm. Just turn up.

There are also the big foodbanks: Salvation Army 0800530000, St Vinnie's 0800680090 and Auckland City Mission 0800223663. Be patient, phone lines are busy, but they will get back to you.

A BIG thank you to those who have donated or dropped off food to foodbanks or local pataka.

Naku te rourou nau te rourou, ka ora ai te iwi. ❤️

(With your foodbasket and my foodbasket the people will thrive) ❤️



ARTZONSHOW.

Artz on Show School Holiday Performing Arts Workshop

This is a fun yet educational week for students aged 5 – 15 years.

Students participate in a range of performing arts and specialised classes, for an eventful week!

20 - 24 December 2021, 9am – 4pm daily
Held at Raye Freedman Arts Centre,
Epsom Girls Grammar School

***View our website; www.artzonshow.co.nz
or contact Hayley on either
artz@artzonshow.co.nz or 09 294 7129***